

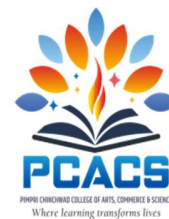


PIMPRI-CHINCHWAD EDUCATION TRUST'S

Pimpri Chinchwad College of Arts, Commerce and Science

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Report on General Awareness Programme for Girls at PCACS, Pimpri Chinchwad

Organized by: PCACS, Pimpri Chinchwad

Date: [19/09/2024]

Organizing Committee: Vishaka Committee

Pimpri Chinchwad College of Arts, Commerce and Science organized an impactful General Awareness Programme for female students. The initiative, led by the Vishaka Committee, focused on promoting health, hygiene, safety, and self-protection, ensuring that the students are well-informed and empowered. The event received support from the principal, alongside dedicated female faculty members, who played an instrumental role in conducting the sessions. The programme was attended by 6 faculty members and 14 students from the B.Com and B.A.

Programme Highlights:

1. Hygiene Awareness:

Mrs. Kanchan, one of our admin member, led an informative session on personal hygiene. She emphasized the importance of maintaining cleanliness and shared detailed instructions on the proper use of sanitary pads.

Key points included:

- **Sanitary Pads Usage:** she guided the students on the correct usage of sanitary pads, stressing the importance of timely changes to prevent infections.
- **Disposal of Sanitary Pads:** She also explained the proper method of disposing of used sanitary pads in designated bins to ensure cleanliness and hygiene in shared spaces.
- **Availability of Sanitary Pads on Campus:** Students were made aware of the easy access to sanitary pads on campus, reassuring them that these resources are available as and when needed.

2. Health Resources on Campus:

Mrs. Ishtpreet Kaur addressed the availability of essential health resources within the campus. She highlighted:

- **First Aid Boxes:** The presence of first-aid boxes in various departments was mentioned, along with instructions to seek assistance from coordinating female faculty in case of health concerns.
- **Sick Room Facility:** The availability of a dedicated sick room was also shared, ensuring students that they have a quiet and safe space to rest if they feel unwell.

3. Campus Environment and Safety:

A significant portion of the programme was dedicated to ensuring the safety of female students. Faculty members **Mrs. Supriya Kulkarni, Mrs. Ekta Jawale and Dr. Rashmi Mishra**, led a session on protecting oneself from bullying and harassment, both on and off-campus. The following key points were discussed:

- **Handling Bullying and Misconduct:** Students were educated on identifying signs of bullying or harassment and were encouraged to speak up if they experience or witness such behaviour. Practical advice on standing up to bullying was provided, empowering students to protect themselves confidently.
- **Steps to Report Misbehaviour:** Guidance was provided on the proper steps to report any incidents of bullying or harassment. The faculty reassured students that their concerns would be handled confidentially and with full support from the institution.
- **Zero-Tolerance for Ragging:** A strict message about the college's zero-tolerance policy towards ragging was reinforced. The students were encouraged to report any instances immediately, ensuring a safe and respectful environment for all.

Principal's Address:

The **Principal of PCACS** delivered an empowering speech, reassuring the students of the institution's commitment to their well-being. She highlighted the importance of maintaining an open line of communication between the

students and faculty. Encouraging students to voice any concerns related to hygiene, safety, or misconduct, she assured them that the faculty would take immediate steps to resolve such issues and maintain a supportive environment. Her address was a reminder of the college's dedication to ensuring the safety and comfort of every student.

Motive: The General Awareness Programme was an important step towards creating a safer, cleaner, and more supportive environment for female students. Through open discussions and resource awareness, the institution reaffirms its commitment to empowering its students and addressing their concerns proactively. The event was a reminder that the well-being of students remains a priority, and no concern will be overlooked.



