



Report

Activity: Field Visit to Nityanand Rehabilitation Center, Pachane

Venue: Nityanand Rehabilitation Center, Hinjewadi, Post – Pachane Gaon, Mulshi
Dist., Maharashtra, India, Pune – 410506

Day: Friday

Date: 11th October 2024

Time: 8:30 a.m.

Participants: 31 students

Staff Members:

- Asst. Prof. Rajesh Patil
- Asst. Prof. Supriya Kulkarni
- Asst. Prof. Ishpreet Kaur
- Asst. Prof. Devendra Desai
- Asst. Prof. Prasad Tambe
- Asst. Prof. Sushma Pimpalkhare
- Mr. Aniket Gavhane
- Mr. Aditya Waghere

Introduction:

On Friday, 11th October 2024, 31 students from Pimpri Chinchwad College of Arts, Commerce, and Science (PCACS), Ravet, Pune - 412 101, accompanied by six faculty members, visited the Nityanand Rehabilitation and De Addiction Center in Pune, Maharashtra. The purpose of this visit was to understand the rehabilitation and de addiction processes while gaining insight into the challenges faced by individuals undergoing treatment for mental illness and substance abuse.



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Activities:

Upon arrival at the center, the group was warmly welcomed by the staff, who provided an introductory session on the center's history, mission, and objectives. The students were then taken on a guided tour of the facility.

During the tour, students had the opportunity to see and observe the residents who were undergoing treatment, giving them valuable insights about their experiences. They observed various therapeutic sessions, including individual counseling, group therapy, and recreational activities designed to promote mental and physical well-being.

Additionally, the students attended informative sessions led by the center's staff. These sessions covered topics such as the physical and psychological effects of substance abuse, the detoxification, treatment and rehabilitation process, and the importance of ongoing support and aftercare for individuals in recovery.

Insights and Learning:

The visit to the Nityanand Rehabilitation and Deaddiction Center provided the students with significant insights into the complexities of mental illness and addiction. They developed a better understanding of the holistic approaches to treatment that address not only the physical but also the psychological and social aspects of recovery.

The students also gained a deeper appreciation of the vital role that counseling, therapy, and support groups play in the rehabilitation process. The importance of family and community involvement in supporting individuals on their recovery journey was emphasized throughout the sessions.

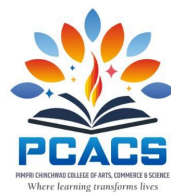
Overall, the field visit was an enlightening learning experience, inspiring students to consider careers in counseling, social work, and mental health advocacy.

Conclusion:

The successful field visit to Nityanand Rehabilitation and Deaddiction Center was organized under the guidance and support of the respected Principal, Dr. Smriti Pathak. The dedicated efforts of the staff members ensured that the visit was well-coordinated and impactful. This enriching experience not only broadened the students' understanding of addiction, recovery, and mental health but also fostered empathy and compassion for those facing these challenges.

The visit underscored the importance of education, awareness, and community support in addressing substance abuse and promoting mental well-being within society.

Some Glimpse of the Event



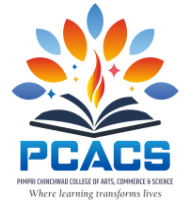


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Principal



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Draft of News

पीसीएसीएस रावेतच्या विद्यार्थ्यांचा नित्यानंद पुनर्वसन केंद्राला शैक्षणिक दौरा

पुणे (११ ऑक्टोबर २०२४) – पिंपरी चिंचवड कॉलेज ऑफ आर्ट्स, कॉमर्स आणि सायन्स (पीसीएसीएस) रावेत, पुणे येथील ३१ विद्यार्थ्यांनी, सहा प्राध्यापकांसह नित्यानंद पुनर्वसन आणि व्यसनमुक्ती केंद्र, पाचणे गाव येथे शैक्षणिक दौरा केला. हा दौरा प्राचार्य डॉ. स्मृती पाठक यांच्या मार्गदर्शनाखाली यशस्वीपणे पार पडला. या दौऱ्याचे उद्दिष्ट पुनर्वसन आणि व्यसनमुक्ती प्रक्रियेची सखोल समज करून घेणे आणि मानसिक आजार व व्यसनाधीनतेच्या समस्यांची जाणीव करणे होते.

दौऱ्याची सुरुवात कर्मचाऱ्यांच्या स्वागताने झाली, ज्यात केंद्राच्या इतिहास, उद्दिष्टे आणि कार्यप्रणालीवर माहिती दिली. विद्यार्थ्यांनी केंद्राचा दौरा करताना उपचार घेत असलेल्या रुग्णांशी संवाद साधला. वैयक्तिक सल्ला, गट थेरपी, आणि रुग्णांच्या मानसिक व शारीरिक आरोग्याला चालना देणाऱ्या उपचारांचे निरीक्षण केले.

केंद्राच्या कर्मचाऱ्यांनी घेतलेल्या मार्गदर्शन सत्रांमध्ये विद्यार्थ्यांना व्यसनाधीनतेचे शरीरावर आणि मनावर होणारे परिणाम, डिटॉक्सिफिकेशन, पुनर्वसन आणि पुनर्वसनानंतरच्या आधाराची महत्त्वपूर्ण भूमिका यासंदर्भात माहिती मिळाली.

या दौऱ्यामुळे विद्यार्थ्यांना मानसिक आजार आणि व्यसनाधीनतेच्या गुंतागुंतीची सखोल समज मिळाली. कुटुंब आणि समाजाच्या सहभागाचे महत्त्व अधोरेखित झाले. हा दौरा विद्यार्थ्यांसाठी अर्थपूर्ण ठरला, ज्यामुळे त्यांना मानसिक आरोग्य आणि समाजसेवा क्षेत्रात करिअर करण्याची प्रेरणा मिळाली.

पिंपरी चिंचवड एजुकेशन ट्रस्ट पी.सी.ई.टी.चे अध्यक्ष ज्ञानेश्वर लांडगे, उपाध्यक्षा पदमाताई भोसले, सचिव व्ही. एस. काळभोर, खजिनदार शांताराम गराडे, विश्वस्त व माजी मंत्री हर्षवर्धन पाटील, उद्योजक नरेंद्र लांडगे, उद्योजक अजिंक्य काळभोर, कार्यकारी संचालक डॉ. गिरीश देसाई यांच्या मार्गदर्शनाखाली कार्यक्रमाचे आयोजन करण्यात आले होते. सर्व शिक्षक, कर्मचारी या कार्यक्रमात सहभागी झाले होते.