



PIMPRI CHINCHWAD EDUCATION TRUST'S
**Pimpri Chinchwad College of Arts, Commerce and
Science (PCACS) Ravet, Pune.**

Academic Year: 2024-25

Youth Red Cross College Unit



Programme Report - First Aid and CPR Training Workshop.

Event Name: First Aid and CPR Training Workshop.

Venue: Modern College of Arts, Science, and Commerce Ganeshkhind Pune.

Coordinator- Prof.. Devendra Desai .

Date: 25th January 2025

Time: 9:00 a.m. to 1:00 p.m.

Organized by:

Modern College of Arts, Science, and Commerce Ganeshkhind Pune.

In collaboration with the Indian Red Cross Society Pune District Branch ,Youth Red Cross Pune.

Objective:

The primary objective of the "First Aid and CPR" training session was to equip students with vital life-saving skills, specifically in providing first aid during emergencies and performing CPR (Cardiopulmonary Resuscitation). The session aimed at fostering a sense of responsibility and preparedness among students to act effectively in emergency situations.

Program Highlights:

- **Introduction to First Aid:**

The session began with an informative presentation on the basics of first aid, including how to assess an emergency situation, handle common injuries like cuts, burns, and fractures, and manage bleeding.

- **CPR Training:**

Students were taught the fundamental steps of performing CPR, including the correct techniques for chest compressions and rescue breathing. The trainers demonstrated the process on CPR mannequins, allowing students to practice the techniques hands-on.

- **Hands-on Demonstration:**

Students participated in practical exercises, practicing CPR and first aid techniques under the guidance of experienced instructors from the Indian Red Cross Society.

- **Q&A Session:**

A Q&A session was held where students had the opportunity to ask questions and clarify doubts regarding specific first aid scenarios or CPR procedures.

Participants:

The training session was attended by the following students

Sr. No.	Name of Student	Class
1	Harshanjali Shimpi	F.Y.B.A
2	Yogita Tawade	F.Y.B.A
3	Vikas Mule	F.Y.B.A
4	Pragati Dhage	F.Y.B.A
5	Pranav Kulkarni	F.Y.B.Com
6	Abhijeet Aptikar	F.Y.B.Com
7	Prathamesh Mitna	S.Y.B.Com
8	Raunak Mehta	S.Y.B.Com
9	Dipesh Dabhade	S.Y.B.Com

Accompanied by:

Prof. Devendra Desai

Prof. Rajesh Patil

Outcomes:

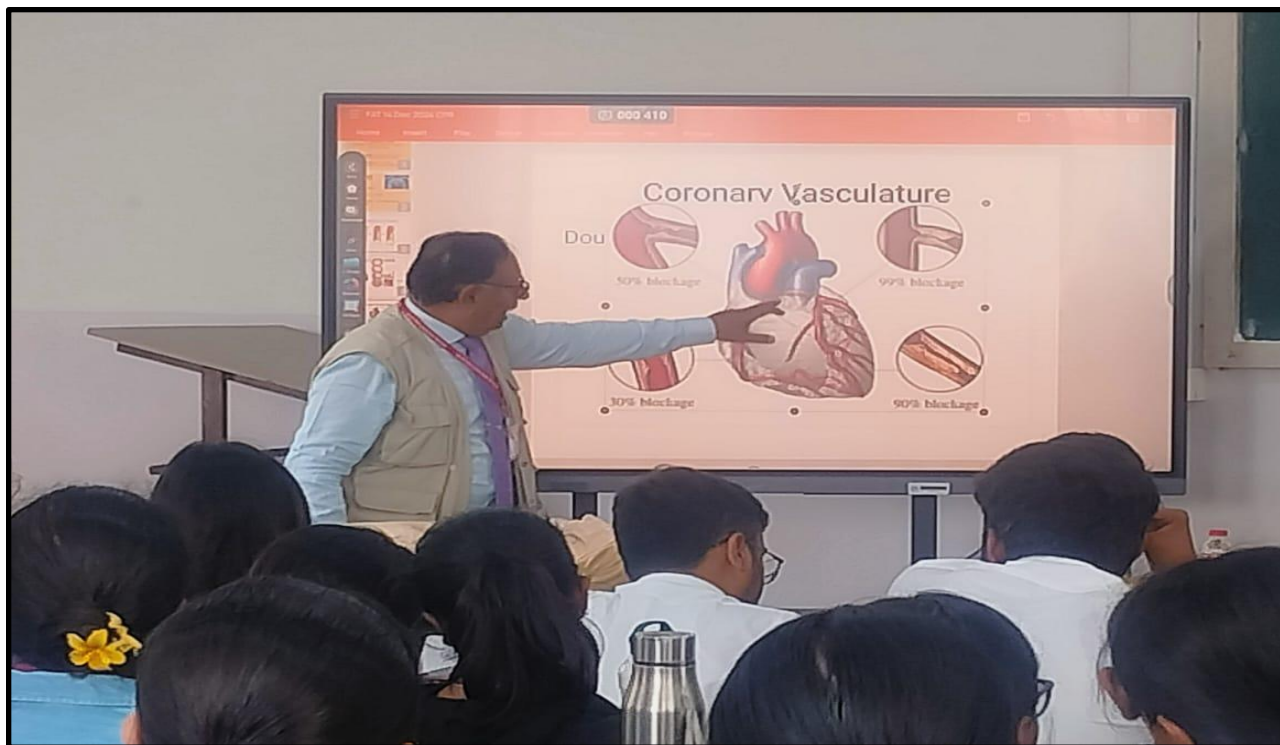
- The students gained valuable knowledge and skills in handling emergency situations confidently.
- Each participant received a certificate of completion, recognizing their participation and the skills they acquired.
- The training contributed to raising awareness about emergency response, preparing students to act in critical situations.

Conclusion:

The "First Aid and CPR" training session proved to be a highly beneficial experience for all attendees. The hands-on practice and expert instruction equipped students with the skills needed to provide immediate assistance in case of medical emergencies. The collaboration with the Indian Red Cross Society added immense value to the session, ensuring that the training was both informative and practical. The students and accompanying professors express their gratitude to Modern College of Arts, Science, and Commerce, as well as the Indian Red Cross Society, for organizing such an essential and impactful program.

Photos Of First Aid and CPR" training session





Resource & Trainer Dr.Rajkumar Shah sir





Photos Of First Aid and CPR" training session By Students